SUBJECT: Student Preparation for CAX Course



ENCLOSURE 8 – CAX Course Eligibility Documents

- 1. Ensure you can immediately provide the required documents when requested to verify your eligibility to attend the course.
- 2. Be prepared to submit two copies of the eligibility documents detailed below one for submission in creating the class folder and one for your individual student file. You are highly encouraged to hand carry these documents. Failure to have the correct documents can prevent your enrollment. Do not depend on your unit to make sure the required documents are provided to you; take individual responsibility.
 - a. **DA Form 1059** (Academic Evaluation Report) verifying completion of an "advance course."
- b. **DA Form 705** (Army Physical Fitness Test), ensuring the six months validation period includes the entire duration of the CAX Course.
- c. **DA Form 3349** (Physical Profile), as required. Bring any temporary and/or permanent profiles with you. Ensure that all profiles are correctly signed and completed. Permanent profiles have three signatures: the doctor (recommending the profile), hospital commander (approving the profile), and unit commander (acknowledging the profile).
- d. **DA Form 5500 / 5501** (Body Fat Content Sheet). **All students will be weighed (and taped as required) upon arrival to the course; you will use the DA Form 5500 / 5501 provided at the course to submit as part of your eligibility packet.** You must meet the Army's height and weight standards. If you fail the standards set forth in AR 600-9, you will not be allowed to enroll in the course. This is in accordance with AR 351-1 and AR 135-200, Chapter 1.
- e. **Over 40 Physical**. If you are age 40 or older, an over 40 Physical is required to support your participation in the CAX Course physical fitness program. During the CAX Course, all students and staff leaders will participate in group and individual physical fitness.
 - f. **USAREUR Computer User Test**. Refer to Enclosure 5.